

Daily Word



Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the mutual security of all mankind.

•

PRAYER FOR ILLUMINATION: The presence of God in me helps me to face life with courage, wisdom, and a thankful heart.

•

PRAYER FOR PROSPERITY: God in me is mighty to guide and prosper me. I give thanks for abundant supply.

•

PRAYER FOR HEALING: I am thankful that God in me is mightier than any healing need. He is my instant, constant source of life and health.

DAILY WORD is nonsectarian. It is published monthly by **UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI**. Single copies at 20c each, a year's subscription is \$2. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Second-class postage paid at Lee's Summit, Missouri.

Unity School publishes the following periodicals: **Unity**, **Progress**, **Weekly Unity**, **Good Business**, **Daily Word**, **Wee Wisdom**, **Unity Sunday-School Leaflet**, and **La Palabra Diaria**, at \$2 a year each. No additional postage charge for subscriptions to foreign countries.

DAILY WORD

First Issue, July 1924

Edited under the inspiration of Silent Unity

Vol. 73

NOVEMBER, 1960

No. 5

In This Issue

Praise God! Praise Good!— <i>Val Rey</i>	- - - -	2
Be Still and Know— <i>L. Stevens Hatfield</i>	- - - -	6
Unity and World Peace	- - - -	11
Poems: Thanksgiving— <i>Elizabeth Searle Lamb</i>	- - - -	5
Out of An Overflowing Heart		
<i>Elizabeth Landeweer</i>	- - - -	Center
The Strength of Standing Still		
<i>James Dillet Freeman</i>	- - - -	Cover

Cover—*Camera Clix*

Center Photograph—*Eva Luoma*

DAILY LESSONS FOR NOVEMBER

- | | | |
|--------------------|------------------|--------------------------|
| 1. God's Approval | 11. Prosperity | 22. Love |
| 2. Behold Christ | 12. Thy Kingdom | 23. Protection |
| 3. Enriching Ideas | 13. Uplift | 24. Thanksgiving |
| 4. A Harmonizer | 14. Fearless | 25. Health Is Contagious |
| 5. Alive | 15. Energy | 26. Gifts |
| 6. Talents | 16. Words | 27. In Tune |
| 7. My Task | 17. Illumination | 28. Enthusiasm |
| 8. Election | 18. Claim Life | 29. I Send My Messengers |
| 9. Peace | 19. Open Door | 30. Bless Others |
| 10. Judgment | 20. Victory | |
| | 21. Plenty | |



Praise God! Praise Good!

VAL REY

PRAISE IS a prelude and a postlude. We give praise and thanks for the blessings we pray to receive. We give praise and thanks for the blessings we have received.

When there is pain, we praise the peace that we desire. When there is fear, we give thanks for the renewal of our faith. When there is lack, we praise the plenty that God provides.

But, you ask, how can we give thanks for health when we see evidences of illness and imperfection in the body? How can we give thanks for faith when our world is apparently full of things to fear? How can we give praise for plenty when we are out of work and in need of money?

Praise is that power in us that enables us to lift our eyes from appearances to reality. Praise is the sounding of the trumpet that crumbles our walls of Jericho.

Praise is introductory to prayer. The heart that is lifted in praise is prepared to pray. And it is through prayer that we find oneness with God, the Father. It is through prayer that we feel and act as sons of God. It is through prayer that we discover our meaning, our goal.

As we pray about our need for illumination, we come to know that God is light. We know we are one with God; we are one with light. We are light. No longer do we beg God to give us right answers. Rather, we pray to let God as light express through us as wisdom, intelligence, understanding, and good judgment. We praise God who is the light of our mind.

As we pray about our healing needs, we come to know that God is life. We know we are one with God; we are one with life. We are life. No longer do we beseech God to heal us. Rather, we pray to let God as life express through us as vitality, perfection, order, and strength. We praise God who is the life of our body.

As we pray about our prosperity needs, we come to know that God is substance. We are one with God; we are one with substance. We are substance. No longer do we plead for a particular position, a certain sum of money. Rather, we pray to let God as substance express through us as creative ideas, definite action, and complete ef-

iciency. We praise God who is the substance that supports us.

As we pray for family, for friends, for those who have needs that arouse our compassion, we come to know that these persons are one with God. In this oneness they are blessed, uplifted, given freedom. No longer do we worry concerning their welfare. Rather, we pray for them to know God and to know their oneness with Him. We pray for them to let God satisfy their every longing. We praise God as the fulfillment of all that they can ever need.

As we pray for world affairs, we come to know that God is peace. We know that we are one with God; we are one with peace. We are peace. No longer are our hearts heavy, no longer do we look outside ourselves for peacemakers. As Isaiah knew that "the Spirit of the Lord Jehovah" was upon him, we know that the Spirit of the Lord is upon all men everywhere. As the Lord appointed Isaiah to give "the garment of praise for the spirit of heaviness," the Lord has appointed us to give the same "garment of praise" for any heaviness that is in the hearts of men. When we keep this appointment, when we give the "garment of praise," men are clothed with infinite peace. They trade burdens for blessings. The life of every man is lightened.

Let us praise God in the heart of man and in the world of man. Praise God the good, the eternal, the everlasting. As we let our lips praise God, as we "sing unto Jehovah a new song," life becomes a joyous symphony. Praise is the prelude and the postlude.

Thanksgiving

Elizabeth Searle Lamb

Thanksgiving is a psalm my glad soul sings,
A psalm for all soul harvestings,
Those rich full moments filled with grace
When God in love and joy reveals His face
And I, in sudden wonder, am aware
Of all the golden spiritual gifts I share.

Thanksgiving is a hymn my heart intones,
New-washed with beauty, fresh as dew-washed
stones

That praise in silence their Creator, too;
So autumn grasses, crimson leaf-showers do.
My heart is ever singing out His praise
In brilliant sunlight or on mist-hung days.

Thanksgiving is an altar built by hands
I use to serve Him and to fill demands
Which He makes known to me in times of
prayer;

Such is the joy with which I climb the stair
Of service, that I find it hard to know
Yet greater joy awaits me as I grow.

Ah, yes, thanksgiving is a psalm I sing,
A daily song for all life's harvesting.

Be Still and Know

L. STEVENS HATFIELD

“**B**E STILL, and know that I am God.” It is the Father who speaks to you. He speaks from a place within your own mind and heart, a place to which you can turn from the confusion and perplexity of the world about you and find the poise and tranquillity that you need to meet life’s varied and often harassing experiences.

“Be still, and know that I am God.” Know it now. Know it right in the place where you are, in the thing that you are doing. Let it pervade your consciousness, your whole being. Let it be with you every moment, infolding, uplifting, strengthening you. Through all this day, about your home, in your work, on the street, wherever you go, whatever you are called upon to do, be still and turn within to Him; instantly you will feel Him with you, a real and living presence in your life.

Turn to Him now. Relax and feel Him lifting your mind and heart, soothing your nerves, giving peace to your body. As you thank Him for this time of silent meditation, you will feel His presence near you, around you, within you, a

constant guide, protector, and friend.

If you are living or working under tension, return again and again to this place of stillness at the center of your being. Speak the words, "Be still, and know," to every nerve and cell and bone and muscle. Bless your body with a thought of peace and stillness and you will find rest and release even in the midst of activity. When your mind is troubled call your thoughts to order with the quiet command, "Be still, and know." Relax in God's peace and security, and rest and renewal will be yours.

You do not have to go outside yourself to find your good. All that you need is within you: all love, all power, all faith, all wisdom, all supply. No negation, no disturbance, no ill can follow you there. In all the universe there is never a place of such glory, inspiration, and security as this meeting place of soul and spirit that God has reserved for Himself at the center of your being.

The moments you spend in prayer will bring a wealth of blessings to you. You will find new loveliness in life, a grandeur that is beyond words to express. Heavy duties become light, the hours glide by as gently and as peaceably as a summer breeze. In quiet communion with God you find the peace and contentment and serenity of a life

that is complete in Him.

Are you allowing the little bothersome problems of everyday living to take on a significance out of all proportion to their importance? "Be still, and know that I am God." Has some little family disagreement disrupted your whole day? Has some untoward news contained in a letter upset you? Are the children causing you anxiety? Has a mistake in the office irritated you? "Be still, and know that I am God."

In the deep spiritual quietness of your soul where you realize that "I and the Father are one," you will find the strength and wisdom needed to meet any situation that may arise. No matter what the turmoil and confusion about you, in this infinite stillness at the center of your being you will find peace. How is this accomplished? By taking your thought off the problem and placing it upon God's presence within you. By directing your thought to the center of your being and saying softly, quietly, knowingly, "Be still, and know that I am God." At first this may seem difficult, and you may find that your attention wanders, but as you persist in bringing it gently back, repeating the words, "Be still, and know that I am God," over and over and over, all frightening images of defeat and frustration will be dissolved, and you will know what Jesus meant when He said, "I

will not leave you desolate: I come unto you."

"Be still, and know that I am God." In the stillness of your heart, in quiet meditation, you can find Him and feel His divine presence sustaining you, giving you strength to go valiantly forward. In the stillness of His presence you have the strength to meet life triumphantly, exultantly.

"Be still, and know that I am God." Within you is God, with whom all things are possible. Within you is the selfsame Spirit that resurrected your brother Jesus. When you turn to the holy presence of God within you, you are at once relieved of all human tenseness. All pressure of worry and anxiety leaves you. You rejoice to know that you live in God, that God lives in you.

"Be still, and know that I am God." It is in the silence that God strengthens your faith and fills you with courage and love. It is listening within the quietness of your own soul that draws forth the divine wisdom you need to solve your every problem.

Are you in need of guidance? Stop wracking your brain and listen calmly for His holy directions; they will surely come. Is it health that you want to express? Is it supply that you desire? Turn within to the quiet of your own soul. Listen for His voice. Know that He is your unfailing help. Be still and know that He is with you, that His

strength upholds, sustains and comforts you. Be still and know that His love infolds, surrounds, and blesses you.

Learn to be still at the very center of your being. When you realize that God is forever right where you are, you will know that you need not be reaching out in every direction to find Him. Whatever you are called on to do, you have only to turn within, to attune your mind to His. Be still and listen to His voice of wisdom so that you may understand what He would have you do. "In all thy ways acknowledge him."

Be still. "Be still, and know that I am God."

**TO HELP SPEED YOUR CHRISTMAS
UNITY LITERATURE ORDERS:**

1. Mail your order NOW. (During the busy Christmas season several weeks are required for an order to be filled and reach its destination.)
2. Give the COMPLETE NAME AND ADDRESS of EACH person to whom you wish literature sent.
3. Be sure to NAME THE MAGAZINE OR BOOK you wish sent to each person.

By following these suggestions and blessing each order you send you will help us to give you prompt service. **THANK YOU.**

Unity and World Peace

WOULD YOU be surprised to know that thousands of letters are received at Unity in a single day? Or that DAILY WORD is mailed to one hundred and ten countries besides the United States?

You may feel a glow of pride that Unity's circle of influence is so great, that it is one of the organizations of the world that truly helps and uplifts the thinking of thousands of persons.

Yet, in these days of world trial and uncertainty, still too many are without the positive, constructive attitude of mind that is part and parcel of the Truth student.

As in the past, Unity wants again to remind you that you yourself can make a great contribution toward world peace by seeing that others know of the Truth that sets one free. Unity magazines and books have for seventy years inspired people to be courageous in time of trouble, to be creative when problems are to be solved, to be firm in thoughts of peace when the world becomes uncertain.

You have friends who are neighbors with you, who belong to your clubs; you know young children, teen-agers; you have business acquaintances; you associate with others for fun and entertain-

ment. Could any of these be helped by Unity literature?

Could not your friends, and the friends of the other hundreds of thousands of Unity students, become centers of power and peace as they learn more about themselves as radiating dynamos of positive thinking, through Unity literature?

At Unity, we believe that world peace can come only through the minds of men attuned to the Christ teaching of love. Won't you consider taking this practical, workable Truth way toward world peace by sending Unity literature to your friends?

YOU NEED NEVER FEEL ALONE

Always, night and day, someone is at prayer in Silent Unity, and you can have these prayers for yourself or another at any time.

God never fails, and God is never farther than a prayer. Silent Unity prays with faith in the power of God and in the power of prayer.

You can reach Silent Unity by telegraph, Unity, WUX, Kansas City, Missouri, by telephone, BAltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

What one heart cannot bear alone, over a hundred loving hearts can bear with faith.

"Let not your heart be troubled."

"Lo, I am with you always."

NOVEMBER 1

Tuesday

MY HEART IS FILLED WITH JOY BECAUSE GOD
LOVES ME AND NEEDS ME.

THERE MAY be times when to appearances you seem forsaken and alone, but this is not true. You are always infolded in God's love. He created you and He watches over you, wherever you are, whatever you are doing.

God needs you. No one else can fill the particular place in life which He created for you. You are important, indispensable in the divine scheme of things. So lift up your head and heart. Sing a song of joy to Him who smiles with such loving and constant approval upon you.

Do your very best to remember that God needs you as His channel of love. Even if for a time life does not seem to have much purpose or meaning, let your light shine in the environment where you are. You are God's hands that comfort, uplift, and bless; His voice speaks through you to inspire those persons who need God's help.

Lift up your head and rejoice. Feel the joy in your heart that comes from knowing God loves you and needs you.

♣ *Now the God of hope fill you with all joy.—ROM. 15:13 (A.V.).*

Wednesday

NOVEMBER 2

I SEE THE CHRIST SPIRIT IN MY NEIGHBOR
AND I THINK AND SPEAK ONLY THE TRUTH
ABOUT HIM.

I BEHOLD the Christ in every person I see. I think of this beautiful Christ Spirit in each one and my thoughts are pure. I speak to the Christ in others and my words are kind and true.

When I remember that the Christ Spirit is in my neighbor, I do not indulge in gossip or fault-finding. No matter what tales may come to my ears, no matter what appearances may be, I remain steadfast to the truth. I do not condemn anyone for weaknesses and mistakes, but rather I express compassionate understanding and seek to uplift and bless.

I am not concerned with the personal affairs of my neighbor. I continue to see my neighbor as a child of the Most High. I see him fulfilling his own particular destiny under the guidance of his Christ Spirit. I recall the lesson Jesus taught about casting stones, and I do not gossip or condemn. Instead, I see the Christ Spirit in my neighbor, and I think and speak only the truth about him.

♣ *Where there is no talebearer, the strife ceaseth.*
—PROV. 26:20 (A.V.).

NOVEMBER 3

Thursday

MY MIND IS OPEN TO NEW AND ENRICHING
IDEAS.

HOW DOES God supply our good, how does He bless and prosper us? Through ideas. The outer good always comes as the result of an idea realized and acted upon.

If we want more good in our life, if we want more prosperity, if we want to be more successful, then we need to open our mind to new and enriching ideas.

This is why prayer precedes prosperity, for through prayer we lift up our mind to new levels, through prayer we come into a conscious realization of the freeing, prospering Spirit that is in us.

In the quietness of prayer say to yourself, "I am one with God. My life is secure in Him. My good flows to me freely and unendingly. I now open my mind to new and enriching ideas, and I know that God who gives the ideas also gives me the will and the courage to follow through on them. I do not limit God, and I do not limit myself. I give thanks now for increase and prosperity in my life and affairs."

♣ *Then thou shalt make thy way prosperous.*—JOSH. 1:8.

Friday

NOVEMBER 4

I CONSECRATE MYSELF TO BEING A HARMONIZER.

A DISCORDANT note spoils the harmony and detracts from the beauty of the music. A discordant personality injects inharmony into the home, the place of business, or the social gathering. No one wants to be a discordant factor. And there is a way to be certain we are not.

Through prayer we can consecrate ourselves to being harmonizers. Then we find we no longer hold grudges, or feel that we are being misused or unjustly treated. As we consecrate ourselves to being harmonizers, we are free from prejudice, free from any need to strike out at people.

Such consecration is truly the way to live in a happy atmosphere. When we devote ourselves to being harmonizers, we think of ways to establish peace; we speak words that calm ruffled and disturbed emotions; we act in a loving way that restores order.

All people welcome the presence of a harmonizer. Business concerns know the worth of a harmonizer. The world needs harmonizers. With God's help we can be harmonizers.

♣ *Be at peace with all men.*—ROM. 12:18.

NOVEMBER 5

Saturday

I AM RADIANTLY, VITALLY, FULLY ALIVE.

I AM radiantly alive. As I think of radiant life, I feel a glow that warms my skin, a surge of happiness that lifts my heart and sends my blood circulating through my body carrying nourishment and oxygen and removing impurities. Through this radiant life I am cleansed, healed, renewed.

I am vitally alive. Every part of my physical being is vigorous. Every organ, every function responds to vitalizing life with a quickening that assures order and harmony. Because I am filled with vitality, I am able to give full and free expression to God's enduring life of which I am a part.

I am fully alive. I am completely conscious of life. No part of me is asleep to the life of God. Every part of me is awake to perfection. I am abundantly supplied with life that is satisfying and fulfilling.

I thank God that I know that I am radiantly, vitally, fully alive. I thank God that I feel alive, look alive, act alive.

♣ *God . . . made us alive together with Christ, and raised us up with him.*—EPH. 2:4, 5, 6.

Sunday

NOVEMBER 6

I USE MY TALENTS AND ABILITIES, AND OPEN THE CHANNEL FOR GOD'S BLESSING OF PROSPERITY.

JESUS explained a universal law when He gave us the parable of the talents. We remember that the servants who used and multiplied their talents were rewarded with increase and joy. The foolish servant, who buried his talent, had it taken away, because he did not use it.

If we desire greater blessings and more prosperity we should ask ourselves if we are using all of our God-given talents. Have we unintentionally buried a talent through failing to recognize it and use it? Some talents are rare and exceptional, easily recognized, greatly appreciated. But talents vary. We may possess a great talent and still need to use our other talents. Being able to bless the world with a smile is a talent. Being a good listener is a talent. In our prayers let us ask God to help us recognize our talents. Let us ask to be quickened to appreciate them and alert to use our talents in constructive ways. Then we open the channels for God's blessing of prosperity.

♣ *Unto every one that hath shall be given, and he shall have abundance.—MATT. 25:29.*

NOVEMBER 7

Monday

MY TASK IS TO LET THE SPIRIT OF CHRIST
EXPRESS THROUGH ME.

MY MOST important task is to express more and more of the Spirit of Christ. It is a God-given privilege to let the radiant Christ Spirit shine through me to bless my life and the lives of other persons.

This is my task as I go about my daily duties. I allow the wisdom and joy of the Christ Spirit free expression. Then my work is done quickly, happily, efficiently, and those around me are inspired to do their best.

This is my task whenever I contact other persons. I let the love of the Christ Spirit radiate through me. I am patient, understanding, friendly, and trusting. Other persons respond with friendliness and good will.

This is my task. I let the Christ Spirit express through me in all ways. I let it express through me as health and vitality. I let it express in my affairs as order and harmony. I let it express as courage and strength. I let it express through me to help bring freedom and peace to the world.

✦ *God sent forth the Spirit of his Son into our hearts.*
—GAL. 4:6.

Tuesday

NOVEMBER 8

GOD IS MY STRENGTH AND MY INSPIRATION;
HIS LOVE AND WISDOM GUIDE ME IN ALL MY
WAYS.

As GOD's children, citizens of His kingdom, we place ourselves under His divine law. As men, citizens of a particular country, we know that God is our strength and inspiration, and we know that His love and wisdom guide us in the choice of the men and women qualified to assume leadership in the affairs of state.

If you are an American, you will want to use today's prayer for yourself as well as for your fellow Americans. If you are the citizen of another country, you will want to give this blessing to the people who are making decisions today. And you will find it an effective blessing for your own leaders.

Rather than pray for the success of a special person or party, let us pray that the true merits of each candidate and each party be recognized. Then let us cast our vote, if we are so privileged, and work in harmony with whatever adjustments are made.

♣ *And the government shall be upon his shoulder.—ISA. 9:6.*

NOVEMBER 9

Wednesday

PEACE, BE STILL.

I SPEAK the word of peace to my mind. I let go of all anxious thoughts. I release the cares and activities of the day while I quietly commune with God. My mind is serene and I am at peace.

I speak the word of peace to my body. I let the peace that fills my mind flow down into my body, freeing me of all tension. I relax every muscle. Perfect rhythm is restored; there is order and harmony in every function. My body is poised and I am at peace.

I speak the word of peace to my affairs. Jesus calmed the wind and the waves with His words: "Peace, be still." To any trouble or disturbance in my affairs, I say: "Peace, be still." My affairs are blessed and prospered, and I am at peace.

Dear Father, as Jesus knew You were with Him, I know that You are with me. I feel Your love, Your wisdom, Your order and harmony. I place myself, my world, my loved ones and all that concerns them, unreservedly in Your care. I rest in You and I am at peace.

✦ *Peace, be still.*—MARK 4:39.

Thursday

NOVEMBER 10

I JUDGE RIGHTEOUS JUDGMENT.

IF WE are distressed or disturbed by what seems to be an unjust situation, we can take ourselves out of the seat of the offended one and don the judge's robe. Rather than remembering things that seem unfair and unjust, let us remember Jesus' words, "Judge not according to appearance, but judge righteous judgment."

In the role of one who judges righteous judgment we find that we are lifted above the small, limited view we have had, that we are able to see ourselves and others with new clarity and insight as part of God's good creation, operating under His law of good.

We have the faith to know that Truth cannot be distorted, that it prevails finally, that the good endures. We hold with unswerving faith to the conviction that there is a divine law of love and justice operating in and through men and the affairs of men. As one who judges with righteous judgment we know that God's law can be trusted to set all things right, so we release all doubt and fear and we pronounce the verdict of good upon all men and all situations.

♣ *Judge righteous judgment.*—JOHN 7:24.

I WALK IN WISDOM AND MY WAY IS PROSPEROUS.

WITH EVERY need for prosperity there is an accompanying need for wisdom and guidance. If we are seeking suitable employment, we wish to be led to the place and the people needing the services we are qualified to give. If we are seeking a place to live, we need to be guided to a proper home priced within our budget. If we are seeking to increase our business, we need to be given new ideas that we can use to interest more people in the merchandise we have to offer. If we are seeking to sell property, we need the wisdom to set a right price on the property and to place it on the market in a right way at the right time.

As we use the statement for today, we find that we are led into ways of wisdom, guided by good judgment, blessed with new ideas, and inspired to handle all our affairs in an orderly way.

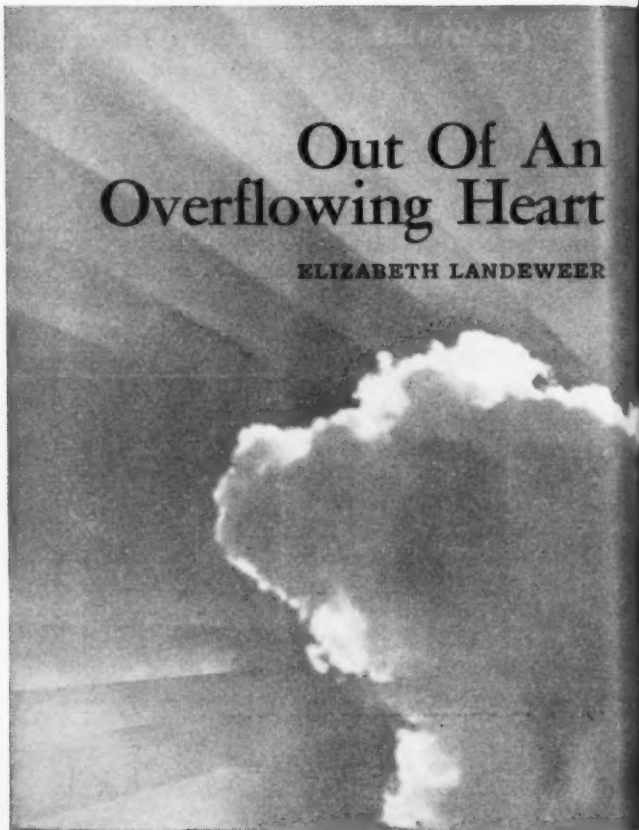
The prayer for prosperity that is prefaced with a prayer for wisdom will lead us into success.

*I wisdom have made prudence my dwelling . . .
Riches and honor are with me.*

—PROV. 8:12, 18.

Out Of An Overflowing Heart

ELIZABETH LANDEWEER

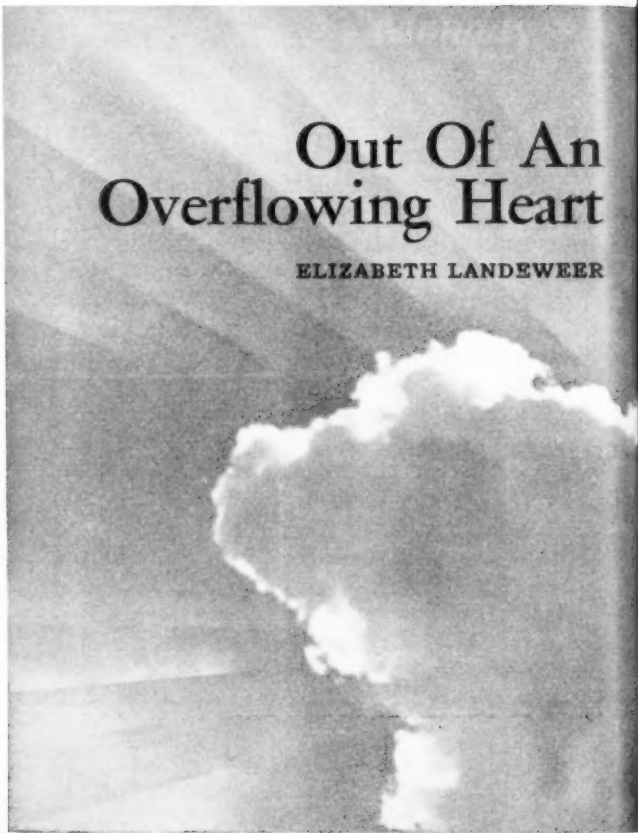


The windows of heaven are open,
And pour forth more than I can hold.
Out of an overflowing heart,
I count the silver and the gold—
The multitudes of miracles
That only God knows how to spill,
And daily in my joyful soul
I hear the tinkle of the till,
And know God has deposited
Another coin of sunlight there.
Each time I turn within, I find
So much of everything to spare
That I can only stand amazed
In silent rapture, wondering,
And then a bird wakes in my heart,
And makes the nave of heaven ring!

I can but trust the song that swells
Is one that God delights to hear.
I can but hope the sound of it
Will fall as music on His ear,
And that some other heart like mine
May wake and lift a wing along,
And soar with me, and sing with me
Another glad Thanksgiving song!

Out Of An Overflowing Heart

ELIZABETH LANDEWEER



The windows of heaven are open,
And pour forth more than I can hold.
Out of an overflowing heart,
I count the silver and the gold—
The multitudes of miracles
That only God knows how to spill,
And daily in my joyful soul
I hear the tinkle of the till,
And know God has deposited
Another coin of sunlight there.
Each time I turn within, I find
So much of everything to spare
That I can only stand amazed
In silent rapture, wondering,
And then a bird wakes in my heart,
And makes the nave of heaven ring!

I can but trust the song that swells
Is one that God delights to hear.
I can but hope the sound of it
Will fall as music on His ear,
And that some other heart like mine
May wake and lift a wing along,
And soar with me, and sing with me
Another glad Thanksgiving song!

Saturday

NOVEMBER 12

I RELAX, FOR I KNOW GOD'S KINGDOM IS
COME AND HIS WILL IS DONE.

I AM NO longer unduly affected by conditions in the world about me. I release any worries I may have been harboring, and I relax in the assurance that order is established. If national affairs, fluctuations in the stock market, exceptional weather changes, or unforeseen challenges have caused me to be concerned, I release all thoughts of concern and rest in the faith that God is in charge and all is well.

This does not mean that I am not sincerely interested in bringing about better conditions. Rather, it means that I am renewed in my faith and understanding so that I trust God implicitly. It means that I no longer divide my thought between good and evil. It means that I give the substance of my thought to building the kind of world and the kind of conditions that are God's will for mankind. It means that by directing my thinking into positive channels I am helping to establish the kingdom of heaven here on the earth.

♣ *Thy kingdom come. Thy will be done, as in heaven, so on earth.*—MATT. 6:10.

NOVEMBER 13

Sunday

I LOOK UPWARD, I THINK UPWARD, I LIVE
UPWARD.

WE ARE not at the mercy of moods, of feelings of dejection or weakness. We need never remain down in heart or spirit. God in us is saying to us, "Look upward, behold your good. Turn away from darkness and look upward to the light.

"Think upward. Lift up your thoughts. Let go of irritability, condemnation, powerlessness, and failure. I am with you as joy. I am with you as forgiveness. I am with you as love. I am your strength. I am your faith. I am your confidence. I am your God, mighty in the midst of you.

"Live upward. Let go of the past. Now are you alive. Now is the time to express My Spirit. I am the life in your body. My life in you is ever new and fresh. My healing is for you, for you are My child, and My love and life sustain and support you. Look upward, think upward, live upward, for you are a spiritual being, on an upward path of light. I am with you, you are with Me, and My glory is your glory."

♣ *Jehovah, lift thou up the light of thy countenance upon us.—PSALMS 4:6.*

Monday

NOVEMBER 14

THE LORD IS MY HELPER; I WILL NOT FEAR.

MANY TIMES we feel that we have great faith in God and yet we are afraid; we fear for our own safety; we fear that some harm will come to our own dear ones; we let fear become a part of the daily pattern of our thought.

Fear is a denial of faith in God. For if we have faith in God, if we believe that His presence is with us, if we have a sure sense of His abiding care, there is nothing for us to fear.

Whenever we find ourselves thinking or saying, "I am afraid," let us deny that this is true. Let us reaffirm our faith in God. There are many wonderful phrases in the Bible which we will find helpful to remember and to say to ourselves when we are tempted to be afraid. "The LORD is my shepherd," "I will fear no evil." "Perfect love casteth out fear." "I, Jehovah thy God will hold thy right hand, saying unto thee, Fear not; I will help thee." "Lo, I am with you alway."

We can work to overcome fear in ourselves and in others by increasing our faith in God.

♣ *The Lord is my helper; I will not fear.*—HEB. 13:6.

NOVEMBER 15

Tuesday

I KEEP MY ATTENTION STAYED ON GOD, AND HIS WISDOM HELPS ME TO USE MY ENERGY IN BALANCED AND CONSTRUCTIVE WAYS.

THE SPIRIT of God in each one of us is a directing power. As we keep our attention centered in the thought of God's omnipresence, we interpret our desires wisely and we are guided to use our energy in constructive ways.

Energy is good because it is a God-given power. However, we have the freedom to use our energy in any way we choose. We can dissipate it or conserve it. We can direct our energy into destructive channels, or through God's guidance, use it in constructive ways. We can place emphasis upon our own desires, and perhaps use our energy in selfish ways, or we can let God inspire us to use our energy in ways that benefit all mankind.

Let us keep our attention stayed on God, on the goodness of the energy that is His wonderful gift to us. Then His wisdom will guide us in giving balanced and constructive expression to our energy.

*In all thy ways acknowledge him,
And he will direct thy paths.*

—PROV. 3:6.

Wednesday

NOVEMBER 16

FATHER, HELP ME TO KNOW WHEN TO SPEAK
AND WHEN TO REFRAIN FROM SPEAKING.

LOVING FATHER, guide my speech. Prompt me to speak only words that are filled with kindness, thoughtfulness, and encouragement. Teach me to speak words that bring warmth, calmness, and courage to every person I meet.

Guard my lips so that I may say only that which is true and beautiful. Help me, I pray, to put a seal upon my lips so that words of gossip, criticism, or pessimism cannot escape from them. Restrain me, Father, when an angry impulse tempts me to speak quickly and harshly. Help me to hold my tongue until my heart is filled with forgiveness and I feel the compassion of Your love.

Father, reveal to me the times when a situation can best be served by an understanding silence. Help me to be positive, even in a silent way, so that I may radiate strength, courage, upliftment, harmony, and peace.

Thank You, Father, for helping me to know when to speak and when to refrain from speaking. Thank You, for guiding my speech this day and every day.

♣ *Let your speech be always with grace.*—COL. 4:6.

NOVEMBER 17

Thursday

I AM THE ILLUMINED CHILD OF GOD.

IN THE Silent Unity ministry of prayer the idea of illumination is of first importance. For permanent healing, satisfying prosperity, true success, and happy, harmonious human relationships are founded on the light of God.

It is always our intention in Silent Unity to help our friends to see the importance of praying first for light. Those who are illumined know how to care for their body, how to use their abilities, how to adjust to circumstances and conditions. It is of the utmost importance for each person to follow his own indwelling illumined spirit. This is one reason why we never give specific advice. We do not feel that we need to tell our friends what steps to take, whether or not to seek outer help, or how to conduct their life. We do feel that we need to tell them that there is a spirit within them that will lead them to the right way, direct them to the help that is for them, and guide them into profitable conduct.

We are aware that "the true light already shineth." Our purpose is to quicken a knowledge of that light shining in the heart of each seeker.

♣ *The light shineth in the darkness.*—JOHN 1:5.

Friday

NOVEMBER 18

I AM FREE TO CLAIM AND EXPRESS GOD'S
PERFECT LIFE.

HOW CAN I claim God's perfect life? How can I express this perfect life in my physical being? I find my answer in the promise of Jesus: "Ye shall know the truth, and the truth shall make you free." If I wish to claim and express God's life, I must become aware of the truth that I am a child of God and heir to His good.

The truth is that I am heir to God's perfect life. I am free from weakness and ill health; I claim and express perfect life here and now.

The truth is that I am heir to God's wisdom and guidance. I am free from harmful habits and uncontrolled appetites. I claim and use God's wisdom and guidance in caring for my body temple.

The truth is I am heir to God's love, order, and peace. I claim His love and I bless my body with order and peace.

I know the truth for my dear ones, and I see them as children of God and heirs to His perfect life.

♣ *Ye shall know the truth, and the truth shall make you free.—JOHN 8:32.*

NOVEMBER 19

Saturday

THE DOOR TO MY GOOD IS ALWAYS OPEN.

WE KNOW that God's infinite good is always available. We know too that it is God's will for all of us to find our good so that we may live happy, satisfying lives. If we will trust God no matter what the appearance or condition may be, He will guide us to the open door through which we can go to meet our good.

When we face a disappointment, when a cherished plan fails, when a position we feel we have earned is given to another, it may appear that the door to our good has slammed shut. We may feel rejected. We may even foolishly stand pounding on the closed door, never turning from it to find that another door stands open. There may also be times when a familiar, comfortable road turns out to be a dead-end street. But with God's direction we always find ourselves on the highway to His good.

Whenever we face a disappointment, whenever our plans go wrong, let us release all thoughts of failure and turn our attention to God. With trust in Him we find the open door to our good.

♣ *I have set before thee a door opened.*—REV. 3:8.

Sunday

NOVEMBER 20

GOD GIVES ME THE VICTORY.

JESUS TAUGHT us that we can overcome any difficulty by establishing ourselves in God's peace. When we are centered in God's peace, we do not resist challenges nor do we insist upon what we feel is right.

When we become concerned with our rights, we may find ourselves applying pressure, and we meet pressure in return. If we try to force our good, we meet with resistance, struggle, and in-harmony. Jesus knew the folly of such actions. He taught us that justice and right conditions come from being established in God's peace. When we find the peace of God within ourselves, as Jesus did, we communicate that peace to others. We have an inner assurance that good will be victorious. We feel secure; we forget about our rights and give our thought to what is right with God. We know that what is right with Him is right for all persons.

Even though the solution or the outcome of a situation is not what we expected, we can remain steadfast in God's peace. We can be unmoved in our faith that God gives the victory.

♣ *I have overcome the world.*—JOHN 16:33.

I FILL MY MIND WITH THOUGHTS OF PLENTY,
PLENTY, PLENTY.

“**D**O NOT say that money is scarce; the very statement will scare money away from you. Do not say that times are hard with you; the very words will tighten your purse strings until Omnipotence itself cannot slip a dime into it. Begin now to talk plenty, think plenty, and give thanks for plenty. . . . Do not allow one empty thought to exist in your mind but fill every nook and corner of it with the word plenty, plenty, plenty,” advises Charles Fillmore in his book *Prosperity*.

He also tells us in his straightforward and dynamic way: “It is the law of love that we have whatsoever we desire. As a father gives his children gifts so the Lord gives to us, because of love. When we desire aright, we put our thoughts into the supermind realm; we contact God-Mind and from it draw the invisible substance that is manifest in temporal things. The substance thus becomes a part of our mind and through it of our affairs. We draw spiritual substance to ourselves just as the magnet draws the iron.”

♣ *I brought you into a plentiful land.*—JER. 2:7.

Tuesday

NOVEMBER 22

I AM WILLING TO LOVE AS GOD LOVES.

ARE WE having difficulty with a husband or a wife, an in-law, a neighbor, an employer, a friend? The story that could be presented in every case could very well be a most convincing one of ill-treatment, of unfairness, of bitterness. And in every case the one presenting the problem could say, with justification, "Tell me to do anything but love him."

But without love, all other answers are fruitless; all attempts at harmony and peace are superficial. And if we are having difficulty with someone who seems to us extremely unlovable, then the greater is our need to love him. That is, we have to love him as a child of God, to be willing to say in our hearts, "I love you as a child of God. I bless you and see God's good in you." In doing this, even though we resist the idea, we follow the quick, sure path to peace in our own heart and life, for in giving out love we feel a new inflow of it. In being willing to love, we ourselves become the answer to our prayer. God loves through us, heals through us, brings forth peace through us.

♣ *I say unto you, Love your enemies.*—MATT. 5:44.

NOVEMBER 23

Wednesday

GOD IS THE SPIRIT OF PERFECT ORDER.

GOD is the Spirit of perfect order. As we keep our minds and hearts poised in His presence, no accident can befall us. God ever guides us, His children, into paths that are orderly and secure.

God as perfect order is an adjusting Spirit. He transforms chaos into order, but He waits for us, of our own free will, to invite Him to take over and bring about the transformation. So let us surrender ourselves, our plans, our affairs, into God's hands. Let us become perfectly willing to let God have His way with our lives, and we will be free from accidents, mishaps, and confusion. We will find that chaos has given way to order, and life is peaceful and harmonious.

If we are concerned with any confusion in the lives of our dear ones, or if we long to see more harmony and order in local or world affairs, we can place all situations in God's hands. We can know that His Spirit of perfect order is at work adjusting all conditions. Peace, security, order, and harmony will prevail.

♣ *Let all things be done decently and in order.*—I COR. 14:40.

Thursday

NOVEMBER 24

I AM THANKFUL FOR ALL THE GOOD AND ALL THE BEAUTY IN LIFE AND I EXPRESS MY GRATITUDE.

THERE IS much goodness and beauty in life and when I am consciously thankful for it I am even more aware of it. Today I look for the good and the beautiful. I look first at my immediate surroundings, and at the people in my own household. As I look for the good and the beautiful, and as I find it, I give thanks for it. I let my thankful spirit form words that others may know of my grateful heart.

I look at the world with a new awareness. My eyes catch the light of love that is in the face of those persons I meet today. My eyes welcome the beauty of the city, the town, the village, or the farm that I call my home. My thoughts go out to all that is good and beautiful in the world, to the places of beauty, the people who are doing good deeds, the expressions of man's good thoughts. Then I express my thankfulness for this goodness.

I let my joy be known. I raise my voice in songs of thanksgiving and in words of praise.

♣ *That I may make the voice of thanksgiving to be heard.*—PSALMS 26:7.

NOVEMBER 25

Friday

HEALTH IS CONTAGIOUS. I DECLARE IT IN
THE NAME OF JESUS CHRIST.

WHEREAS in the past I may have thought that disease was contagious, I now realize that health is contagious. Under whatever conditions I live, in whatever climate I live, I am constantly exposed to the perfect life of God. It does not matter what my previous history has been or what has caused me to experience discomfort in my body. I have a new thought about myself.

I am not bound by the idea that crowded places bring me into contact with communicable diseases. I know that all people live in the life of God and I can only catch an expanded life idea from them. I am not bound to the idea that particular physical conditions—drafts, damp feet, uncovered head, overexposure—affect me adversely. I know that my body is divinely adjustable. I keep in mind that God is life and in that life I live, move, and have my being.

Health is contagious. I declare it in the name of Jesus Christ. I declare it for myself, for my family, and for those persons who need healing.

✦ *Jesus Christ healeth thee.*—ACTS 9:34.

Saturday

NOVEMBER 26

I USE MY GIFTS FROM GOD.

I CAN accomplish every good thing that I want to accomplish, because I have the gifts of God. I can meet every challenge successfully. I can go forth with purpose and without fear to do and be all that God has decreed.

God has given me His gift of power. His gift of power helps me rise above any obstacle in my path, just as an airplane rises above a mountain.

God has given me His gift of wisdom. His gift of wisdom helps me discipline my thoughts, words, and actions. It helps me remain steadfast to my good purpose, whether I am writing a poem, taking part in scientific research, farming the land, guiding a household, or managing a business.

God has given me His gift of love. His gift of love strengthens me. Love makes me tolerant with myself and with other persons. Love expresses through me as compassion and forgiveness.

God has given me the greatest gift of all, the gift of Himself. Through His indwelling Spirit I accomplish my good purpose.

✦ *For God gave us not a spirit of fearfulness; but of power and love and discipline.—II TIM. 1:7.*

GOD IS WITH ME. I AM WITH GOD.

THERE IS never a time when I cannot be in tune with God. Whether I am on the high seas, in the mountains, walking down the street of a noisy city, or sitting quietly in my own room, God is with me.

When I choose to be in tune with God even for a few moments, I find my day is happy and orderly. No experience disturbs me or makes me anxious. Instead I am able to express the calm joy I gain in my moments with God.

During the day, wherever I am or whatever I am doing, I can know God is ready to help me. All I need to do is turn my attention toward Him. In that very instant we are together. Immediately I feel God imparting to me strength, wisdom, or whatever I need. And I return to my tasks renewed. I smile easily and I am able to express love to persons around me. They too are uplifted and blessed.

At night I rest in the assurance that God is with me. If I awaken, I have no fear. Momently, hourly, I am with God and I find peace.

♣ *He that sent me is with me; he hath not left me alone.*—JOHN 8:29.

Monday

NOVEMBER 28

I AM VITAL, ALIVE, INTERESTED, AND ENTHUSIASTIC.

SOMETIMES we allow ourselves to get into a mental and spiritual slump. We feel down, dejected, half alive, and everything seems to take on the color of our thoughts.

There are many ways to pull ourselves out of such states of mind. But the quickest and most satisfying way is through the substitution of positive thoughts for negative ones. It is as simple as this. But it takes conscious effort on our part to change our thinking.

If we feel glum and morose, we may resist making an affirmation such as "I am vital, alive, interested, and enthusiastic." But still, there is something in us that does not resist, something in us that responds, in spite of us, to a different and truer picture of ourselves when it is presented. For, in everyone of us there is a wonderful Spirit of God—life itself, joy itself. Always the Truth of God is surging forward, calling for expression in us and through us, waiting to be recognized and awakened.

✦ *Awake, thou that sleepest . . . and Christ shall shine upon thee.—EPH. 5:14.*

NOVEMBER 29

Tuesday

POSITIVE THOUGHTS ARE THE MESSENGERS
I SEND BEFORE ME TO PREPARE MY WAY.

IF I AM scheduled to keep an appointment, take an examination, place an application, or meet a new and challenging situation, I send my messengers before me to prepare my way. The messengers that I send before me are my positive thoughts. These thoughts condition me to expect my good.

No longer do I let thoughts of timidity, thoughts of failure, thoughts of inadequacy, or thoughts of fear go before me to undermine my faith. The thoughts that I choose to send before me as messengers help me to be poised, trustful, adequate, and courageous.

I have access to these thoughts by keeping aware of my oneness with God-Mind. In this oneness I am enabled to choose to think only Godlike thoughts. As I think these thoughts I send them forth on wings of prayer. They are the messengers that go before me to prepare my way, to make me ready to recognize, accept, and rejoice in my good.

✦ *Behold, I send my messenger, and he shall prepare the way before me.—MAL. 3:1.*

Wednesday

NOVEMBER 30

I ACCEPT EVERY OPPORTUNITY TO BE A BLESSING.

WE SHOULD never be hesitant about following through on the generous thought that inspires us to speak a word of praise to a person we feel deserves praise. We should never hesitate to do the kind, pleasant, helpful thing that suggests itself to us. The world is happier when people speak the loving words their hearts bid them speak, and act in the thoughtful way they are inspired to act.

Many of us have a desire to share our substance, to lend a helping hand, to encourage some person to keep on keeping on, but we never do anything about this desire. For one reason or another we let the moment pass without taking the one step more that would bring so much happiness to the other person.

Let us pray to keep in tune with God's good judgment. Then we can know that when we feel led to help another person or add to his joy we will speak the right word and do the thoughtful thing.

✦ *As we have opportunity, let us work that which is good toward all men.—GAL. 6:10.*

GIFTS THAT FILL A NEED

Unity Books—\$2 Each



HEALING—*Truth Ideas of an M.D.*, by Dr. C. O. Southard.

A physician explains the relationship between Truth and

healing, and tells how to use Truth to heal mind, body, and affairs.

DEMONSTRATION—*How to Claim Your Good*, by William A. Clough. Unity's newest book is an extremely practical one, telling what steps to take to solve specific problems.

PRAYER—*Prayer Changes Things*, by Dana Gatlin. The author explains that prayer is the vital force that links us to God and the good we desire, and tells how to apply this force.

HARMONY—*Peace Begins at Home*, by Clara Beranger. The method by which human failings can be changed to positive character traits, conducive to individual and world well-being.

INSPIRATION—*God Never Fails*, by Mary L. Kupferle. Stresses the truth that no matter what our problem is, God can be absolutely relied upon to provide the perfect answer.

PROSPERITY—*Prosperity's Ten Commandments*, by Georgiana Tree West. The basic laws of prosperity adapted from the Ten Commandments. These laws have helped thousands find their good.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

ORDER NOW
For Christmas Gift Subscriptions
SEND PAYMENT LATER

Many friends like to order their Christmas gift subscriptions for **DAILY WORD** on the Prosperity Bank plan. The subscriptions begin at the correct time for Christmas giving, and the giver has seven weeks to save payment for them by dropping a coin a day in the Prosperity Bank. By blessing each coin, the giver places a special blessing on his gift, and Silent Unity prays with him for all success and happiness.

Subscriptions are priced at \$2 a year. To order on the Bank plan, just use the coupon below.

Unity School of Christianity, Lee's Summit, Mo.

----(Please PRINT all Names and Addresses)----

Here is my order for **DAILY WORD CHRISTMAS** gift subscriptions and a Bank in which to save the \$..... cost of these subscriptions at \$2 each.

1. Name
Street
City State
2. Name
Street
City State
3. Name
Street
City State

SENDER'S NAME
Street
City State

Please indicate postal zone number, if cities are so divided. 0-11-60

Announcing

A NEW UNITY GREETING BOOKLET!

The Key to Your Prosperity

More and more people each year are finding the attractive Unity Christmas Greeting Booklets ideal to send to their friends in place of the traditional greeting card. The new Unity Greeting Booklet for this year contains an outstanding article by Charles Fillmore on the subject of achieving greater prosperity in the home. Included are powerful affirmations for prosperity needs.

1960 Christmas Booklet Assortment

*The Key to Your
Prosperity (New)*

*The Christmas Spirit
Greetings Friend*

*I Wish You Merry
Christmas*

Looking At Christmas

May Christmas Bless You

*Merry Christmas! Happy
New Year!*

*The Week Before
Christmas*

These Unity Greeting Booklets are pocket-sized, with beautiful colored covers, and each has its own Christmasy mailing envelope. Order the assortment of eight booklets listed for \$1; or eight copies of *The Key to Your Prosperity* for \$1; or make your own selection at 15 cents per booklet, eight for \$1.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

The Strength of Standing Still

JAMES DILLET FREEMAN

No one can tell the age
Of ageless trees. Time's rage
Falls without force on these;
Time's small indignities
Are powerless to annoy
Their timeless peace and joy.
A tree has found out how
To stay unmoved, yet bow,
And learned, as has a hill,
The strength of standing still.
The babbling birds and I
With constant shrill outcry
Around the round earth dart
Hoping to find life's heart,
While standing still a tree
Touches eternity.

